

A NO COST SERVICE PROVIDED TO YOU

Iris manages the Health Care Planning program provided to you at no cost by your doctor.

WHAT IS COMPREHENSIVE HEALTH CARE PLANNING?

Health care planning is a process where you and your family meet to discuss your future care preferences so that your family or caregivers know what's important to you.

An Iris facilitator will help you talk through treatment options and situations that you may not have considered. Iris will help you complete documents that communicate your wishes and distribute them to your family and care team.

HOW IT WORKS



Iris will reach out by phone to schedule your planning appointment.



Keep this flyer in a safe place to refer back to when Iris calls.



Call Iris to make an appointment or to answer any questions.

1-800-845-2081

THE CONVERSATION

The goal of health care planning is to understand your wishes and help you document and communicate them. Iris will spend as much time as you need and is able to include your family or caregivers. This conversation allows you to confirm:

- What values and goals are important to you
- Who needs to be informed about your medical decisions
- How and where do you want future care to be delivered
- What happens if your health status changes over time

“ Health care planning helped me understand what I want out of my future care. It also opened my eyes to things I never knew I should think about before making these decisions.”

— Patient



WHY IS HEALTH CARE PLANNING IMPORTANT?

- Iris helps document your future care goals and preferences in writing, creating a clear guide for your family and doctors
- Iris helps you choose a medical decision maker in the event that you are unable to speak for yourself
- Your health care preferences may change over time. Iris can keep your documents up to date as needed

COMMON MYTHS

Myth:  I already know what care I want in a medical emergency	 Truth: These conversations review choices and options many people have not considered
Myth:  Health care planning focuses only on End-of Life (EOL) care.	 Truth: These conversations focus on your care preferences for ANY changes in your health
Myth:  Once my documents are completed, I'm done	 Truth: These documents can be updates as health status changes. It is good to review or revise over time.

WORKING WITH IRIS



EXPERT KNOWLEDGE

Dedicated **health care facilitators** provide support and education



PROVIDER COMMUNICATION

Help think through and prioritize **Questions** to ask your doctors



FAMILY SUPPORT

Coordination with your loved ones so everyone stays informed



FOLLOW UP

Ongoing support with documents and caregiver support

